What Constitutes a Title IX Offense?

Any form of sexual violence/assault, dating violence, domestic violence, stalking or harassment.

**Sexual Harassment:**
Unwelcomed speech or conduct of a sexual nature which includes unwelcomed sexual advances, requests for sexual favors and other verbal, nonverbal, or physical conduct is sexual harassment. This conduct is unwelcomed if it is not requested or invited.

**Stalking:**
Repeatedly following, monitoring, harassing, threatening or intimidating another by phone, mail, electronic communication, social media without legitimate purpose and with intent to harass, annoy, or alarm another, is stalking.

**Domestic/Dating Violence:**
Pattern of abusive behavior in any relationship that is used by one partner to control another partner is considered violence. This includes behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure or wound.

**Sexual Violence/Assault:**
Actual or attempted sexual contact with another person without that person’s consent is sexual violence. This includes unwelcomed or forced touching of intimate parts and sexual intercourse without consent.

**Consent:**
Cannot be obtained when someone is: a minor (under 18), incapacitated due to alcohol or drugs or has certain disabilities. In the absence of an outward demonstration, consent does not exist. If at any time it is reasonably apparent that either party is hesitant, confused or uncertain, both parties should stop.

Resources

- Police: 911 or Kahuku Police (808) 293-8565
- Campus Security: (808) 675-3503
- Counseling Services: (808) 675-3518
- BYUH Health Center: (808) 675-3510
- Sex Abuse Treatment Center 24 Hour Hotline: (808) 524-7273
- Kahuku Medical Center: (808) 293-9221
- Other resources: Bishops

Find additional Title IX information at:
http://titleix.byuh.edu
**When Verbally or Physically Harassed:**

**Do:**

1. Admit that a problem exists.

2. If you feel uncomfortable and unsafe tell the offender specifically what you find offensive.

3. Say specifically what you don't want to happen, such as “please call me by my name not Honey,” or “please don’t tell that kind of joke in front of me.”

4. Keep a written record of what happened, when (date, time and place) and the names of witnesses.

5. Tell someone. Most likely you are not the only one being harassed by them.

6. If you’re feeling unsafe or are in danger, please call police 911 or Campus Security at (808)675-3503.

**Don’t:**

1. Blame yourself for someone else’s inappropriate behavior.

2. Choose to ignore the behavior.

3. Try to handle any severe or recurring harassment problem by yourself.

4. Wait to report the incident.

**How Can I Be an Active Bystander?**

- Believe someone who has told you they have been subject to sexual misconduct.
- Do not blame them. Reassure them that it was not their fault.
- Avoid asking “why” questions about the incident. You may ask them “Do you want to tell me about it?” Let them know that you are there to listen and support them.
- Encourage them to get help or report. Offer to go with them. Empower them in a positive way by allowing them to decide what action to take.
- Speak up: If someone around you says or does something inappropriate or offensive, tell them that it is wrong and ask them to stop.

**Sexual Assault Prevention Tips**

- Make your limits clear before you get into an intimate situation.
- Avoid using substances that impair your judgment.
- Learn about signs of a healthy relationship vs. abusive relationship.
- Learn about the facts and myths of sexual misconduct.
- Use the buddy system at social events, when jogging, and walking at night.
- Be selective as to whom you date and where you go with them.
- Let a friend or roommate know who you will be with, where you will be and when you expect to return. Leave an address and phone number.
- Avoid hitchhiking and picking up hitchhikers.
- At night use the Campus Security night shuttle to get home safely. Call (808) 675-3503.
- Keep blinds closed. Keep the windows and doors locked at all times.
- Take a Self-Defense class.
- Lock your car and have your keys ready as you approach your car.

**What Should You Do If You Are Sexually Assaulted?**

- Do not feel ashamed or guilty.
- Do not wash, comb, or clean any part of your body, or change clothes if possible.
- Do not touch or change anything at the scene of the assault; It is a crime scene.
- Go to your nearest hospital emergency room as soon as possible. You need to be examined, treated for any injuries, and screened for possible sexually transmitted diseases or pregnancy.
- You or the hospital staff can call the police from the emergency room to file a report. Unfortunately, rape is the violent crime least often reported to law enforcement. You may think that nothing can be done or that it was a private matter. Remember, sexual assault is against the law. You have the right to report this crime to the police and to be treated fairly. Call Kahuku Medical Center at Tel: (808)293-9221 and Kahuku police station at Tel: (808)293-8565
- Talk to a counselor. Counseling is a safe place to talk about your experience and your feelings. Tel: (808)675-3518