Counseling Services Staff

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Want to make an appointment?  

CALL: (808) 675-3518  
EMAIL: byuhcounseling@gmail.com  
VISIT: McKay Building 181 across from cafeteria  
HOURS: Monday to Friday 8am - 5pm

Counseling Services  
BYUH #1837  
55-220 Kulanui Street  
Laie, HI 96762-1924  
Phone: (808) 675-3518  
Fax: (808) 675-3440  
After hours mental health emergency number:  
(808) 675-3911  
Email: byuhcounseling@gmail.com  
Website: counseling.byuh.edu  
Facebook: BYU–Hawaii Counseling Services
WE’RE HERE TO HELP YOU

The stewardship of BYU–Hawaii Counseling Services is to support students in achieving personal growth and to assist them in resolving psychological and social problems that hinder their progress in life. We accomplish this by combining professional excellence with a caring and supportive attitude, a culturally sensitive perspective, and the eternal principles of the gospel of Jesus Christ.

What We Do

Counseling Services provides individual, couples, and group counseling by mental health professionals. Counseling is free and confidential. A licensed psychologist also administers psychological and psycho-educational testing.

Counseling Services emphasizes proactive support, assisting students on a regular basis to prevent significant problems.

We offer services for students with special needs and a variety of programs for Pacific Islanders, women, married students and their dependents, and other student groups. These services help students increase their coping capacities, facilitate personal growth, and reduce stress and dysfunction.

Services for Students with Special Needs

Brigham Young University–Hawaii is committed to providing a working and learning atmosphere which reasonably accommodates qualified persons with disabilities. If you have any disability that may impair your ability to complete your classes successfully, please contact the Special Needs Coordinator, Leilani Auna, at (808) 675-3518 or email aunal@byuh.edu. Reasonable academic accommodations are reviewed for all students who have qualified documented disabilities. If you need assistance or if you feel you have been unlawfully discriminated against on the basis of disability, you may seek resolution through established grievance policy and procedures.

Outreach Services

- Speakers for church related or student club activities
- Young mother/father support groups
- “TVA family day”
- Healthy Eating/beautiful women group
- Communication skills group
- Asian support group
- Depression/anxiety screen day
- Suicide awareness day

Mental Health Services

- Psychological Assessments for learning disabilities and mental health problems
- Counseling and psychotherapy for a wide spectrum of personal problems that range from serious depression to conflicts with roommates
- Marriage counseling, Family therapy, Pre-marital counseling, and a variety of group therapies
- Crisis-on-call service available 24 hours a day, 7 days a week, for full-time BYU–Hawaii students and their dependents, by calling BYU–Hawaii security, (808) 675-3911